

M A C B E T H

THE SUPERNATURAL IN SHAKESPEARE



Atelier for the Creation of Theater led by Alessandro Serra
Compagnia Teatropersona

*The object of research should not be the supernatural, but the world.
The supernatural is the light: if we make an object of it, we lower it.*
Simone Weil

*There is nothing mysterious which does not become evident
And vice-versa all that is evident hides a mystery within it.*
Pavel Florenskij

PREMISE

The Atelier is part of a course of research dedicated to the *mise-en-scène* of Macbeth. In this first phase of the work the elected field of inquiry will be the study of supernatural elements present in the work of Shakespeare.

The first part of the day will be dedicated to physical work and the substantial difference between the interpretation of a part and the incarnation of a presence. A similar work will be performed, in the second part of the day, on the space, the lights and the composition, trying to stimulate the particular talent of the actor that is turning any scene into ritual space.

PREPARATORY PHASE

Each actor must carefully read Shakespeare's Macbeth and memorizing a small portion of it. They must then bring along:

1. Comfortable training clothes. Fitting shorts in matching tint and top for the women
2. The necessary objects to narrate Macbeth
3. Two costumes: a witch costume and a ghost costume, keeping in mind the proximity of the cliché to the archetype
4. A source of light

THE ATELIER

Over the course of the eight hours of work the following topics will be covered:

- Physical warm-up
- Relationship between hips and spine: managing and directing energy
- Working with long staves
- Utility and form – pose and posture
- Gesture – action – act
- Creating and sustaining the void: with the body, with the gaze
- Improvisation: individually, in a group and in relation to space
- Construction and composition: relationship between actor, character and figure
- Voice: vocal training, song and polyphony
- Listening to oneself and the choir. A sole breath, a sole presence in space
- Objects: relationship between actor, object and stage space
- Dramaturgy of the image: composing and building the scene
- Light: the carnal relation between actor and light sources
- Darkness: the relationship with the woods at night